FREE

Wydaho RENDEZVOUS

TETON BIKE FESTIVAL

SCHEDULE OF EVENTS

GROUP RIDES

SKILLS CLINIC

TARGHEE MAP

IDAHO visitidaho.org

TREC TETON REGIONAL ECONOMIC COALITION

Teton Valley news
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THE COMMUNITY
Tetonvalleynews.net (208) 231-8747

WELCOME TO THE 9TH ANNUAL TVTAP WYDAHO

RENDEZVOUS TETON MOUNTAIN BIKE FESTIVAL

As the Executive Director for Teton Valley Trails and Pathways I am honored to welcome you to our 9th Annual Wydaho Bike Festival. The Festival is a fundraiser for Teton Valley Trails and Pathways and supports our goal of continuing to work on maintaining and developing a great trail network and to achieve our mission of a trails and pathways connected community.

In 2018, we are bringing some changes (again). A second lift has been brought into service for riders looking for more moderate flow trails. New cross-country trails and down-hill trails have also been built. Additionally, we have added "mini clinics" as we are calling them to provide participants opportunity to learn about things related to bike maintenance, bikepacking, sports psychology, and some morning yoga. One thing we are not changing is our outlandish and awesome quick-fire raffle that will take place each evening in the courtyard on the grass. For those in the know we have a few "SOCKS" to throw to the crowd.

We also want to call out the great work that Grand Targhee Resort and Trail Boss, Andy Williams, have done to bring world class mountain bike trails to the area. The quality and variety of trails available to riders is truly amazing and makes this an idea place for the festival.

While you are here, we encourage you get out and discover our community off the trail. Visit the local bike shops, restaurants, stores, and businesses thereby supporting our community so it will continue to proposer and be here for your next visit.

All the best,

Dan Verbeten
Executive Director
Teton Valley Trails and Pathways

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208.354.2386 tetonvalleylodge.com

MASTER SCHEDULE

THURSDAY AUGUST 30TH

Join us on the lawn at Peaked Sports and Yeti's for a fun evening to kick off the 9th Annual Wydaho Rendezvous Bike Festival and Labor Day Weekend 2018. Packet and wrist band pick up and on-site registration will be open during the event. All festival attendees will receive a special gift from Peaked Sports at Thursday nights event and Yeti's post will be offering discounted dinner to attendees with a wrist band.

KIDS 6 - 12 ARE $40. Kids 5 and under can attend the festival, but if they want a lift pass and wrist band they need to register under the kid category.

ONSITE REGISTRATION: $129, no swag bag guarantee.

Online registration will end Monday August 27th at Midnight.

SKILLS CLINICS Clinic registration *https://tetonbikefest.org/event/bike-clinics/*. Skills clinics are only available to registered attendees and cost $40/clinic. *Registration limited to 10-12 registrants per clinic* REGISTER EARLY!

GROUP RIDES Please visit the group rides https://tetonbikefest.org/event/wydaho-group-bike-rides/ to view the full descriptions/difficulty level for all group rides listed below.

Schedule is subject to change. Keep an eye and ear out in the expo area for deviations from this schedule

FRIDAY AUGUST 31ST

9:00am - 5:30pm

PACKET AND WRIST BAND PICK-UP on site registration and clinic/ride sign-up at Grand Targhee Resort

9:30am INFO BOOTH OPEN FOR THE DAY

11:00am - 4:00pm

DEMO BIKES AVAILABLE, free to festival registrants. Please bring your photo ID and credit card.

2:00pm

GROUP RIDE: TOUR "D" GHEE (Intermediate/Advanced), meet at Festival Info Booth

2:00pm

AFTERNOON CLINICS BEGIN. Limited to 10-12 per clinic. Clinic registration at *https://tetonbikefest.org/event/bike-clinics* **through August 28, or on-site at registration booth during festival**, space permitting.

2:00 - 4:00pm

SKILLS CLINIC- CORNERING:

Instructors: Ian or Tracy Fitzpatrick, Cycle Right

3:00pm

GROUP RIDE: TOUR "D" GHEE (beginner/intermediate), meet at Grand Targhee Expo Area

3:00pm

BUDDY PEGS ARTS AND CRAFTS table during the evening. Location: lawn in front of Branding Iron Grill

4:00pm

BUDDY PEGS: BICYCLE PLAYDATE for balance bike kids and early pedalers (this is a family skills clinic). Meet on patio behind Trap Bar

TIME TO PARTY!

5:00pm

WELCOME TO FESTIVAL AT THE PLAZA

5:30pm

SHENANIGANS - TBD

6:30pm

RAFFLE PULL IN THE PLAZA

7:00pm

TETON GRAVITY RESEARCH MOUNTAIN BIKE FILM UnReal will be shown in the Trap Bar on the big screen. (Open to all ages.)

SATURDAY SEPTEMBER 1ST

8:00am

YOGA WITH EMILY BEDELL on the deck of the Teewinot Lodge, Free to festival registrants. Bring your own mat, towel and water.

8:30am - 4:00pm

PACKET AND WRIST BAND PICK-UP, onsite registration and clinic/ride sign-up at Grand Targhee Resort

8:30am

'MINI-CLINIC' SUSPENSION - Location TBD, Free to festival registrants

9:00am - 4:00pm

DEMO BIKES AVAILABLE, free, to festival registrants. Please bring your photo ID and credit card.

9:00am

GROUP RIDE: TETON PASS DH RIDE (Int/Adv), meet at Stagecoach Bar in Wilson, WY (1 Hour drive from Grand Targhee). Be sure to sign up, as shuttle space is limited.

9:00am

GROUP RIDE: PHILLIPS RIDGE RIDE (Adv. XC), meet at Stagecoach Bar in Wilson, WY (1 Hour drive from Grand Targhee).

MASTER SCHEDULE

9:00am

GROUP RIDE MAIL CABIN TO MIKESELL ADVENTURE RIDE (Intrepid/Advanced) Meet at Fitzgerald's Bike in Victor, ID (40 min Drive from Grand Targhee).

9:00am

MORNING CLINICS BEGIN

Limited to 10-12 per clinic. Clinic registration at https://tetonbikefest.org/event/bike-clinics/ through August 28, or on-site at registration booth during festival.

9:00 - 11:00am:

SKILLS CLINIC: MOUNTAIN BIKE FUNDAMENTALS

Instructors: Ian & Tracy Fitzpatrick, Cycle Right

9:00 - 11:00am:

SKILLS CLINIC: WOMEN'S ONLY CROSS-COUNTRY SKILLS.

For women only.

Instructor: Amanda Carey

10:00am

GROUP RIDE: BUDDY PEGS: Group Ride for Kids 7and under and parents.

10:00am

GROUP RIDE: TETON ADAPTIVE SPORTS TBD

10:30am

GROUP RIDE: SOUTH VALLEY TRAILS-RUSH HOUR/NEMO'S GRUMPY'S

Beginner/Intermediate. End your ride with a stop at Grand Teton Brewery.

11:00am

GROUP RIDE: INTRO TO TARGHEE XC TRAILS Wishing well to edge of Rick's Basin Beginner/Intermediate.

1:00pm

'MINI-CLINIC': Free to festival registrants Chat with Dr. Christina Heilman, Sports psychologist, Meet at Festival Info Booth.

1:00pm

GROUP RIDE: INTRO TO ADAPTIVE MOUNTAIN BIKING

1:00pm

AFTERNOON CLINICS BEGIN. Limited to 10-12 per clinic. Clinic registration at https://tetonbikefest.org/event/bike-clinics/ through August 28, or on-site at registration booth during festival.

MASTER SCHEDULE

1:00pm - 3:30pm
SKILLS CLINIC-WOMEN'S INTRO TO DOWNHILL: For women only.
Instructor: Amanda Carey

1:00 - 3:00pm
SKILLS CLINIC-TECHNICAL MANEUVERS *Instructors Ian and Tracy Fitzpatrick, Cycle Right*

1:00pm
GROUP RIDE: WOMEN'S - ANDY'S TO MILL CREEK SHUTTLE
Intermediate - Be sure to sign up, shuttle space is limited. Shuttle service provided by Hoback Sports

2:00pm
GROUP RIDE: ANDY'S TO MILL CREEK SHUTTLE
Intermediate - Be sure to sign up, shuttle space is limited. Shuttle service provided by Hoback Sports.

2:00pm
GROUP RIDE: ADAPTIVE
Lift Served

3:00pm
'MINI-CLINIC' BIKE WASHING
Free to festival registrants.

4:00pm
BUDDY PEGS: BICYCLE PLAYDATE FOR BALANCE BIKE KIDS AND EARLY PEDALERS
(this is a family skills clinic).
Meet on patio behind Trap Bar

TIME TO PARTY!

5:30pm
HUFFY TOSS Base Area bottom of Dream Catcher

6:15pm
RAFFLE BEGINS
(Wheelie, Kids, Festival)

7:30pm
MUSIC AT THE TRAP
Kris Lager Band

SUNDAY AUGUST 2ND

8:00am
YOGA WITH EMILY BEDELL on the deck of the Teewinot Lodge, free to festival registrants.

8:30am - 4:00pm
PACKET AND WRIST BAND PICK-UP, onsite registration and clinic/ride sign-up at Grand Targhee Resort

8:30am
'MINI-CLINIC'- SUSPENSION
Location TBD, free to festival registrants

9:00am - 4:00pm
DEMO BIKES AVAILABLE
free, to festival registrants. Please bring your photo ID and credit card.

9:00am
MORNING CLINIC BEGINS. Limited to 10-12 per clinic. Registration at *https://tetonbikefest.org/event/bike-clinics/* **through August 28, or on-site at registration booth during festival.**

9:00am
SKILLS CLINIC- CORNERING:
Instructors: Ian and Tracy Fitzpatrick, Cycle Right

9:00am
SKILLS CLINIC: WOMEN'S TECHNICAL
Instructor: Amanda Carey

9:00am
GROUP RIDE: GROVE TO RED CREEK LOOP (Intermediate/Advanced). Meet at Fitzgerald's Bike in Victor, ID (40 min Drive from Grand Targhee).

9:00am
ADAPTIVE GROUP RIDE
Intermediate Ride, Location TBD

9:30am
GROUP RIDE: TOUR "D" GHEE
Intermediate

10:00am
GROUP RIDE: WOMEN'S ONLY
Intermediate Ride, Location TBD

10:00am
'MINI-CLINIC' BIKE-PACKING
Instructor: Jay Petervary-Free to festival Registrants

10:30am
KIDS RIDE: COUNTING SHEEP ON SHEEP BRIDGE TRAIL in Teton Canyon (2 groups: 1 + 2 paws, 3 + 4 paws).

1:00pm
GROUP RIDE-GRAVEL RIDE with Jay Petervary. Meet at Peaked Sports in Driggs (Allow 20 minutes to drive from Grand Targhee).

1:00pm
AFTERNOON CLINICS BEGIN.
Limited to 10-12 per clinic. Clinic registration at https://tetonbikefest.org/event/bike-clinics/ through August 28, or on-site at registration booth during festival.

1:00pm - 3:00pm
SKILLS CLINIC - WOMEN'S ONLY CROSS-COUNTRY
Instructor Amanda Carey

SUNDAY CONTINUED ON PAGE 10

PIVOT CYCLES

KNOLLY

NORCO BICYCLES

YETI CYCLES

SheJumps

INDUSTRY NINE COMPONENTRY

KONA

SANTA CRUZ

cannondale

G-FORM

ROCKY MOUNTAIN

EVIL

9 niner

MASTER SCHEDULE

1:00pm

SKILLS CLINIC: TECHNICAL MANEUVERS

Instructors : Ian and Tracy Fitzpatrick, Cycle Right

AFTERNOON MILL CREEK SHUTTLE RUNS – shuttle will be at the Teton Canyon Parking area around 1:00ish, 2:00ish, 3:00ish, 4:00ish. Be sure to SIGN UP FOR THE SHUTTLE, as there is limited space.

3:00 pm

MINI-CLINIC' BIKE WASHING

Free to Festival Attendees

4:00pm

BUDDY PEGS: BICYCLE PLAYDATE FOR BALANCE BIKE KIDS AND EARLY PEDALERS

(this is a family skills clinic). Meet on patio behind Trap Bar

TIME TO PARTY!

5:30pm

SHENANIGAN'S TBD

6:30pm

RAFFLE PULL in Plaza

7:30pm - 10:30pm

MUSIC AT THE TRAP Bush Pilots

MONDAY SEPTEMBER 3RD

8:00am

YOGA EMILY BEDELL on the deck of the Teewinot Lodge, free to festival registrants.

9:00am - 3:00pm

DEMO BIKES AVAILABLE free, to festival registrants. Please bring your photo ID and credit card.

9:30am

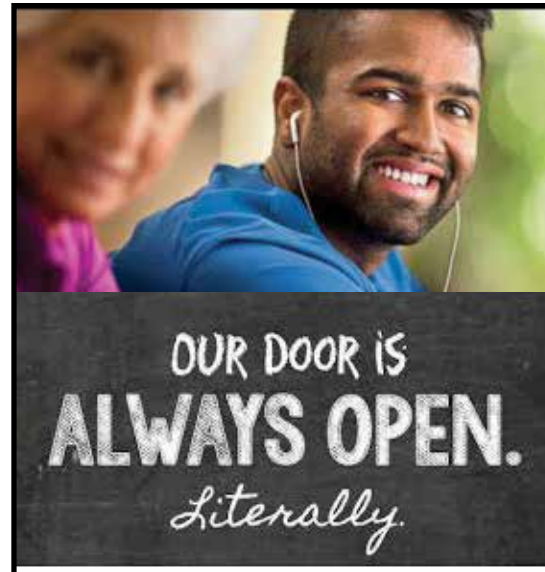
ADAPTIVE GROUP RIDE TBD

10:00am

GROUP RIDE: TOUR "D" GHEE FUN RIDE (all levels). Meet at the Grand Targhee Expo Area.

2:00pm

CLOSING Thanks to sponsors, thanks for coming.



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GROUP RIDE DESCRIPTIONS

2018 WYDAHO GROUP RIDE DESCRIPTIONS AND APPROXIMATE RIDE TIMES

TOUR "D" GHEE RIDE

Difficulty: Beginner/Intermediate

Estimated time: 2-3 hours

Starting at the Targhee plaza we can tailor this ride to the groups' abilities and the bailout options are numerous. Targhee has built miles of trails, all with perfect gradients and bermed corners to play on. On the beginner side of trails, but equally fun for the intermediate rider, Greenhorn, Jolly Green Giants, Land of the Lost, and Roundabout will get you accustomed to the Targhee-style of trail. If the group desires, the ride can head out toward the Peaked side of the trail system OR to the Rick's Basin side of the trail system. All options include fun, flowy terrain and bailout options.

Meet at Festival Info Booth

TOUR "D" GHEE RIDE

Difficulty: Intermediate/Advanced

Estimated time: 2-3 hours

Starting at Targhee's plaza, the group will decide to either go out toward Peaked Mountain on Action Jackson or Andy's trail with contours and climbs through the forest and Teton Views OR go out toward the Rick's Basin trail system, equally as stunning. If you're lungs are up for it on the Peaked Side, you can descend Rocky Mountain Way from the intersection of Action Jackson and Andy's and climb back up Colter's Escape. If you're on the Rick's Basin Side, challenge yourself with the Quakie Ridge Loop. Climb and descend to your hearts content!

Meet at Festival Info Booth

TETON PASS DH RIDE

Difficulty: Intermediate/Advanced

Estimated time: 3-4 hours

These are steep downhill-only trails that contain constructed and enhanced natural features. Ride within your ability and scope out the features before riding. All features have by-passes. World class downhill riding with shuttles. Meet at Stagecoach Bar in Wilson, WY (1 Hour drive from Grand Targhee). Be sure to sign up, as shuttle space is limited.

PHILLIPS RIDGE TRAIL

Teton Pass Cross-Country Ride

Difficulty: Advanced

Estimated time: 4 hours

Climb up the paved old pass bike path from the Stagecoach parking area, then jump on sweet forested singletrack featuring rocks, roots, and some of the best switchback turns anywhere. Outstanding views of the Jackson Hole side of the Tetons. Spin back along beautiful Flat Creek Road to the Stagecoach bar for a cold one.), Meet at Stagecoach Bar in Wilson, WY (1 Hour drive from Grand Targhee).

MAIL CABIN TO MIKESELL ADVENTURE RIDE

Difficulty: Intrepid/Advanced. Meet at Fitzgerald's Bike in Victor, ID (40 min Drive from Grand Targhee).

A mellow pedal up Mail Cabin Creek to the lung challenging climb (rerouted two years ago, still a grunt!) to the top of the ridge looking down into upper Palisades Creek drainages to the south (stunning views!). Ride along the ridge along the backside of Oliver Peak to the fast descent down Mikesell Canyon to the Mike Harris parking lot and the start of Nemo's. Up Nemo's to the intersection of Grumpy's and Ladyslipper. Take the brand new Ladyslipper trail through the trees behind Teton Springs to the Pole Canyon parking lot.

INTRO TO GRAND TARGHEE CROSS-COUNTRY

Difficulty: Beginner/Intermediate

Estimated time: 1.5-2 hours

Starting at the Targhee plaza we can tailor this ride to the groups' abilities and the bailout options are numerous. On the beginner side of trails, but equally fun for the intermediate rider, Greenhorn, Jolly Green Giants, Land of the Lost, and Roundabout will get you accustomed to the Targhee-style of trail. If the group desires, the ride can head out toward the Peaked side of the trail system OR to the Rick's Basin side of the trail system. All options include fun, flowy terrain and bailout options.

Meet at Festival Info Booth.

ANDY'S TO MILLCREEK WITH SHUTTLE RIDE

Limited space; please sign up.

Difficulty: Intermediate

Estimated time: 1-2 hours with shuttle. Starting at Targhee's plaza, Andy's Trail contours and climbs through the forest, then pops out onto the ridge with gorgeous views. Challenge yourself on the banked turns of Colter's Escape fast descent. Then take a break to enjoy the view of the Tetons before descending the rest of Mill Creek. Over 1500 feet of descent.

Meet at Festival Info Booth.

Be sure to sign up, shuttle space is limited. Shuttle service provided by Hoback Sports.

YETI'S POST

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MINI CLINICS

FREE TO ALL FESTIVAL ATTENDEES

SATURDAY

8:00am

YOGA on the deck of the Teewinot Lodge. Local Teton Valley Instructor Emily Bedell will lead a great morning class to help you open up hips and shoulders to prepare you for a day of riding!

8:30am

SUSPENSION CLINIC FESTIVAL INFO BOOTH

Chat with local mechanic Bryan Miller and get your suspension dialed before heading out on a group ride.

The Suspension Setup Clinic will address three different suspension settings: Spring Rate (sag), Rebound, and Compression. will talk about what these settings are, how they affect the ride, and how to adjust them.

1:00pm

CHAT WITH DR. CHRISTINA HEILMAN, SPORTS PSYCHOLOGIST

Location TBD

Join Dr. Christina Heilman, a sport psychologist and mountain biker, to learn how to champion your inner excellence by identifying what's holding you back, replace old, negative habits with new, positive patterns of success, and find more fun, flow, and fulfillment on your bike and in your life.

In this 30-minute clinic, you'll get actionable content that can be applied immediately.

QUIET THE CRITIC. FEED THE CHAMPION.

Imagine what you could achieve with a Champion Mindset? Like you, the best athletes in the world have fears, doubts, and limiting beliefs. What makes them exceptional is they've learned effective mental tools to get out of their own way and soar to new levels -in sports and life.

3:00pm

BIKE WASHING CLINIC

Lawn to the right of stairs leading to the plaza.

Return from your group ride with a dirty bike? Learn how to properly wash and maintain your bike after each ride.

SUNDAY

8:00am

YOGA on the deck of the Teewinot Lodge. Local Teton Valley Instructor Emily Bedell will lead a great morning class to help you open up hips and shoulders to prepare you for a day of riding!

8:30am

SUSPENSION CLINIC

Festival Info Booth

Chat with local mechanic Bryan Miller and get your suspension dialed before heading out on a group ride.

The Suspension Setup Clinic will address three different suspension settings: Spring Rate (sag), Rebound, and Compression. will talk about what these settings are, how they affect the ride, and how to adjust them.

10:00am

BIKE PACKING CLINIC with Jay Petervary. JayP as a 'Professional Athlete' doesn't just compete. Jay is an ambassador who enjoys giving back to the sport that has sculpted him into the rider he is today. Providing experiences and opportunities for others is what led to the launch of his own Backyard Series Events – Fat Pursuit and Gravel Pursuit.

Sit down with Jay, who will have just returned from Kyrgyzstan to discuss bikepacking and the ways to get involved, different styles and a bit about packing a bike. Also, join Jay for a Group Gravel Ride from Peaked Sports in Driggs to Fitzgerald's Bikes in Victor to get more of a taste of the bikepacking scene. Group ***Ride will leave Peaked Sports at 1:00pm.***

10:30am

SUSPENSION CLINIC

Location TBD

Chat with local mechanic Bryan Miller and get your suspension dialed before heading out on a group ride.

The Suspension Setup Clinic will address three different suspension settings: Spring Rate (sag), Rebound, and Compression. will talk about what these settings are, how they affect the ride, and how to adjust them.

3:00pm

BIKE WASHING CLINIC – Lawn to the right of the stairs

Return from your group ride with a dirty bike? Learn how to properly wash and maintain your bike after each ride.

SKILLS CLINICS

SKILLS CLINICS

Clinic registration *https://tetonbikefest.org/event/bike-clinics/*
Skills clinics are only available to registered attendees and cost $40/clinic. *Registration limited to 10-12 registrants per clinic* Register early!

2:00pm - 4:00pm

FRIDAY CORNERING Beginner/Intermediate: For mountain bikers who have the basics down on the straightaways, but would like to improve their cornering on XC trails or DH trails. Body position specific to cornering (weight placement, bike/body separation, steering vs. leaning), vision, technique & follow through for low-speed cornering/switchbacks and high-speed cornering.

9:00am - 11:00am

SATURDAY FUNDAMENTALS
Beginner/Intermediate: For beginner mountain bikers who can ride a bike but would like to feel more comfortable on the trails. This clinic focuses on balance, body position, bike/body separation, cadence, pedaling technique, shifting efficiently, braking (how, when, what), and vision (looking ahead, line selection, trail scanning).

9:00am - 11:00am

SATURDAY WOMEN'S XC SKILLS
Intermediate/Advanced: For intermediate/advanced women mountain bikers who have the basics down but want to get more comfortable and faster on more challenging cross-country trails. Vision, technique, and follow through for low-speed cornering and switchbacks during high-speed cornering. Efficient climbing technique. Held on the Grand Targhee Resort Bike Parks cross-country trails. Be ready to pedal!

1:00pm - 3:00pm

SATURDAY TECHNICAL MANEUVERS
Intermediate/Advanced: Learn techniques that will help you in technical terrain and features, such as short steep hills, over logs & bridges, and around extra sharp corners. Learn body position (weight placement, bike/body separation), how to do a track stand, lift your front and/or rear wheel, do a bunny hop or a jhop, as well as wheelies and manuals.

1:00pm - 3:30pm

SATURDAY WOMEN'S INTRO TO DOWNHILL:
Intermediate/Advanced: We'll head up the Shoshone chair to maximize ride time. This clinic works on body position, braking, and cornering. A great introduction to Grand Targhee Resort Bike Park intermediate downhill trails. Cross-country bikes can be used for this clinic. We'll stay on intermediate slopes with no air or drops required!

9:00am - 11:00am

SUNDAY CORNERING:
Beginner/Intermediate: For mountain bikers who have the basics down on the straightaways, but would like to improve their cornering. Body position specific to cornering (weight placement, bike/body separation, steering vs. leaning), Vision, technique & follow through for low speed cornering/switchbacks and high speed cornering.

9:00am - 11:00am

SUNDAY WOMEN'S TECHNICAL SKILLS:
Beginner/Intermediate: Take your technique to the next level! Slow speed handling and bike, body separation skills that will help your balance and maneuvering in technical terrain. Rock dodging, pedal ratcheting, wheel lifts, track stands and pedal wheelies will all be covered.

1:00pm - 3:30pm

SUNDAY TECHNICAL MANEUVERS:
Intermediate/Advanced: Take your technical skills to the next level! Practice and improve techniques that will help you in technical terrain and features, such as up or down short steep hills, over logs & bridges, around extra sharp corners and small drops. We'll revisit body position (weight placement, bike/body separation), track stands, lifting your front and/or rear wheel, bunny & j hops, as well as wheelies and manuals. These skills are great for improving XC or DH skills.

1:00pm - 3:30pm

SUNDAY WOMEN'S XC SKILLS:
Intermediate/Advanced: For intermediate to advanced women mountain bikers who have the basics down but want to get more comfortable and faster on challenging trails. Vision, technique, and follow through for low-speed cornering, switchbacks, and high-speed cornering. Efficient climbing techniques. Held on the Grand Targhee Resort Bike Park trail network.

KIDS RIDES

FRIDAY

4:00 pm

AFTERNOON BICYCLE PLAYDATE for balance bike kids and early pedalers Location: patio behind Trap Bar

LOOK FOR THE ARTS AND CRAFTS TABLE IN THE EVENING IN FRONT OF BRANDING IRON GRILL

SATURDAY

10:00am

GROUP RIDE FOR KIDS 7 AND UNDER

4:00pm

BICYCLE PLAYDATE for balance bike kids and early pedalers. Location: patio behind Trap Bar

ARTS AND CRAFTS TABLE during the evening. Location: lawn in front of Branding Iron Grill

SUNDAY

10:00am

GROUP RIDE FOR KIDS 7 AND UNDER

4:00pm

BICYCLE PLAYDATE for balance bike kids and early pedalers. Location: patio behind Trap Bar

LOOK FOR THE ARTS AND CRAFTS TABLE IN THE EVENING IN FRONT OF BRANDING IRON GRILL

ONGOING:

SINGLETRACK SCAVENGER HUNT ON THE GREEN TRAILS. Families can participate on their own time throughout the weekend.

4:00pm

BICYCLE PLAYDATE for balance bike kids and early pedalers. Location: patio behind Trap Bar

Buddy Pegs Media

Bicycle Playdate

EQUIPMENT NEEDED

- Snack and Water Bottle
- Your Child's bike in working order. (Take to your local bike shop for a safety check if unsure).
- Parent/Caregiver Bike - This is not mandatory but highly encouraged as this is a 'shared' family experience.
- Helmets for ALL riding participants.
- Foul weather gear if necessary.
- Signed Buddy Pegs Bicycle Playdate Waiver

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MTN LAB

PERFORMANCE COACHING

www.mtnperformancelab.com

We believe fitness is the medium to living a larger life!

STOP BY OUR BOOTH

What type of athlete are you?
Onsite assessment to determine if you are a powerful or enduring athlete.
also ask about the movement challenge to have some fun!

Come learn more about what MTN LAB can do for you

FREE CONSULTS AVAILABLE NOW

Whether you are a local or remote athlete, MTN LABis a private training facility designed to provide individual coaching and training for those who value health, fitness, and performance for the long game. Each training program delivered to our athletes is personalized and tailored for optimal alignment to goals and lifestyle.

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the MTN LAB to receive
10% your coaching service

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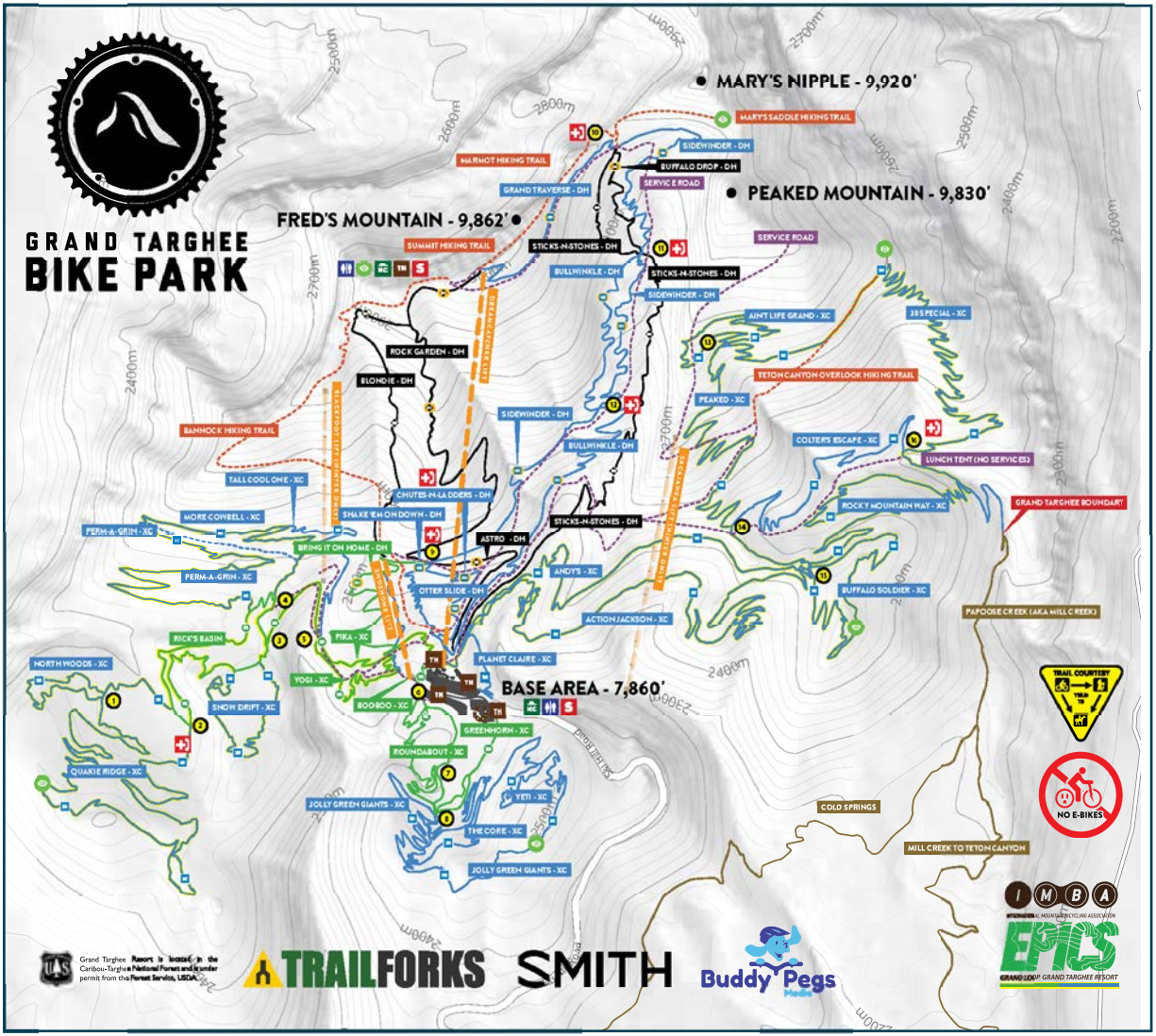
HUNGRY AFTER ALL THAT BIKING?

Stop by Big Hole Bagel & Bistro on main street in Driggs, Idaho for delicious made to order breakfast including eggs benedict 5 ways, biscuits and gravy, pancakes or build your own omelets. We also offer a "grab and go" counter serving fresh bagels and bake goods. We also serve 100% certified organic, locally roasted coffee from our friends at Teton Coffee Company. Whether you are looking for a cup of coffee and a bagel or a full Sunday style brunch Big Hole Bagel & Bistro is the spot to stop!

BIG HOLE
BAGEL & BISTRO

LOCATION	CONTACT	BISTRO HOURS
285 N. Main St. Driggs, Idaho	(208) 354-2245 www.bigholebagel.com	MON: 7AM - 1PM WED - SUN: 7AM - 2PM



LEGEND

- TRAILHEAD
- JUNCTION
- EASIEST
- MORE DIFFICULT
- MOST DIFFICULT
- FREERIDE TRAIL
- RESORT SERVICE ROAD
- HIKING TRAIL
- NON-RESORT FOREST SERVICE TRAIL
- HORSE STABLES
- SUMMIT NATURE CENTER
- RESTROOMS
- SCENIC VIEW
- CALLBOX
- SKILLS PARK
- DIRECTORY

DOWNHILL TRAILS

- BRING IT ON HOME - 0.9 MILE
- BULLWINKLE - 2.2 MILE
- CHUTES-N-LADDERS - 0.7 MILE
- GRAND TRAVERSE - 0.9 MILE
- OTTER SLIDE - 0.6 MILE
- SHAKE 'EM ON DOWN - 0.6 MILE
- SIDEWINDER - 2.7 MILE
- ASTRO - 0.7 MILE
- BUFFALO DROP - 0.5 MILE
- ROCK GARDEN - 1.8 MILE
- BLONDIE - 1.1 MILE
- STICKS-N-STONES - 2.3 MILE
- PINBALL - SKILLS PARK

XC BIKE AND HIKE TRAILS

- BOOBOO - 0.1 MILE
- GREENHORN - 0.8 MILE
- PIKA TRAVERSE - 1.4 MILE
- RICKS BASIN - 1.7 MILE
- ROUNDABOUT - 1.6 MILE
- SNOWDRIFT - 1.1 MILE
- YOGI - 0.7 MILE
- 38 SPECIAL - 3.4 MILE
- ACTION JACKSON - 3.5 MILE
- AIN'T LIFE GRAND - 1.2 MILE
- ANDY'S - 2.1 MILE
- BUFFALO SOLDIER - 1.6 MILE
- COLTER'S ESCAPE - 1.4 MILE
- JOLLY GREEN GIANTS - 3.1 MILE
- MORE COWBELL - 1.2 MILE
- NORTHWOODS - 0.8 MILE
- PEAKED - 2.0 MILE
- PERMA-GRIN - 2.4 MILE
- PLANET CLAIRE - 0.5 MILE
- QUAKIE RIDGE - 3.9 MILE
- ROCKY MOUNTAIN WAY - 2.3 MILE
- TALL COOL ONE - 1.0 MILE
- THE CORE - 1.3 MILE
- YETI - 0.5 MILE

HIKE ONLY TRAILS

- BANNOCK - 3.2 MILE
- SUMMIT - 0.5 MILE
- MARMOT - 0.8 MILE
- MARY'S SADDLE - 0.7 MILE
- TETON CANYON OVERLOOK - 2.5 MILE
- TEEWINOT NATURE TRAIL - 0.7 MILE

HORSES ARE ALLOWED ON DESIGNATED HORSE TRAILS ONLY.